



SOUTH DAKOTA ACADEMY OF FAMILY PHYSICIANS

2026 SDAFP WINTER SEMINAR

JANUARY 29-JANUARY 31, 2026

THE LODGE AT DEADWOOD, DEADWOOD

Pre-conference ALSO Course

Wednesday January 28, 2026

COME HOME
Renew, Reconnect, Reimagine

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

For more information contact carletta@sdafp.org

605-868-1271

Special Guest– She will be the President of the AAFP Board of Directors in February 2026



Sarah C. Nosal, MD, FAAFP, is Vice President for Innovation & Optimization and Chief Medical Information Officer at The Institute for Family Health, an FQHC network with 27-plus Mid-Hudson, Bronx, Manhattan, and Brooklyn locations. Nosal's focus is on the care of marginalized communities with two decades of practice in the South Bronx. She has served as medical director for NYU and Einstein student-run free clinics. As CMIO she secured financial support for IT infrastructure and helped her institution become a regional leader in data sharing and ensuring equitable information access.

We have a great conference schedule that is packed with great CME, mostly local speakers, and family fun!

We will again host a one-day hands-on **Advanced Life Support in Obstetrics (ALSO) Course**. The cost is \$400; however, you can get a \$100 discount by attending both the SDAFP Winter Seminar and the ALSO course! There will be pre-work required to attend the course and you do earn CME for that. Class size is limited to 24 so register early!

Come Home to the 2026 SDAFP Winter Seminar-Renew, Reconnect, Reimagine! Join us January 29-31, 2026 in historic Deadwood for a weekend of exceptional CME and warm camaraderie. This year's program features a variety of timely topics, two engaging Group KSA's, a hands-on ACLS scenario workshop, and special visits from the AAFP President and the AAFP Insurance Services. Our large, interactive exhibit hall will connect you with resources and innovations to support your practice, while our family-friendly atmosphere makes it easy to bring loved ones along for fun. Don't miss this opportunity to refresh your skills, reconnect with colleagues, and reimagine the future of family medicine—**right here at home**.

We will be featuring mostly local speakers! Find an online version of the 2026 SDAFP Conference Brochure at <http://sdafp.org/winter-seminar>. The online version will include links with more information on the speakers and the objectives for their sessions.

Double Your CME for One Registration! When you register for the **2026 SDAFP Winter Seminar by December 15, 2025**, you'll also receive **complimentary ZOOM access** to the **2026 Alaska Academy of Family Physicians Winter Update**. Most sessions are completely different, giving you fresh learning opportunities and more CME credit for the same investment. Please note: Group KSA sessions will be the same at both events so if you want to ski in the afternoon you can catch the KSA via Zoom the next weekend! Workshops are not included with virtual options.

The AKAFP Winter Update is February 6-8, 2026. Find the schedule at <http://alaskaafp.org/cme>

With FMX in Anahiem we will be bringing Disney Home!

So Bring your Prince and Princesses and all your Goofy characters!

Tentative 2026 SDAFP Winter Seminar lectures/speakers are subject to change.

	Early Registration 7:00-9:00 PM	Social in the registration area
Thur 1/29/26	6:00-7:00 Breakfast for REGISTERED ATTENDEES	
<u>7:00-8:00</u>	<i>One Question Away: Recognizing and Responding to Suicide Risk in Primary Care</i>	Mary Kurniawan, CPS-PIP
8:00-9:00	<i>Reducing Pain and Maintaining Function in the Elderly Elderly Fitness Screen- Benefits for Athletic Seniors</i>	Becca Jordre, PT, DPT, PhD
9:00-9:30	Exhibitor Break	
9:30-10:30	<i>Partnering for Change: Effective Strategies and Immediate Application of Skills in Obesity Management for Primary Care</i>	Jennifer Schriever, MD, FAAFP
10:30-11:00	Exhibitor Break	
11:00-12:00	<i>Genicular Artery Embolism When Do Primary Care Physicians Refer?</i>	Jeff and Tom Wilson, MD, FSCAI
12:00-1:00	Lunch/Annual Meeting	
1:00 -4:00	<i>SKI or Heart Disease Group KSA</i>	Dan Reiffenberger, MD, FAAFP Sarah Reiffenberger, MD FAAFP
4:00-5:00	<i>Future Proof Your Finances: Insurance Tips and Wealth Wisdom for Physicians</i>	Jered Hunt, MBA AAFP Insurance
5:00 -7:00 PM	Social in Exhibit Room	
Fri 1/30/26	Breakfast 6:00-7:00 AM	
7:00-8:00	<i>Discuss the Scope of Neurointerventional Practice in Relation to Family Medicine and Primary Care</i>	Frank Vandy, MD
8:00-9:00	<i>Stroke: Causes, Risk Factors, Prevention and Treatment for Primary Care</i>	Karan Topiwala, MD
9:00-9:30	Exhibit Break	
9:30-10:30	<i>Best Practices to Beat the Cardio-Renal-Metabolic Triangle</i>	Nicolas Limogiannis. MD
10:30-11:15	<i>Cradle to Crib: Statewide Strategies For Maternal and Infant Wellbeing</i>	Melissa Magstadt, APRN/ Denise Hanisch, MD
11:15-12:00	<i>Diagnosis and Treatment of Irritable Bowel Syndrome</i>	Margaret Goodman Becker, MD
12:00-1:00	Lunch	
1:00-4:00	<i>Sharpening Your Code Response: ACLS Mock Scenarios</i>	Monument Health AHA Education Team
5:30-7:30 PM	President's Reception	Children's Dinner 5:30
7:30-9:30	Family Fun	
Sat 1/31/26	Breakfast 6:00-7:00	
7:00 – 7:45 AM	<i>Targeting Pain at the Source: Interventional Techniques Every Family Physician Should Know</i>	Tyler Ptacek, MD
7:45– 8:45	<i>Blood Based Clarity: Navigating an Alzheimer's Diagnosis with Confidence</i>	Brianna Wynne, MD, FAAFP Ariel Cole, MD, FAAFP
8:45—9:00	Break	
9:00-10:00	<i>Infant Feeding Milestones: Research and Insights on Breastfeeding Support, Dietary Diversity, and Tackling Trickier Textures in Infant Feeding</i>	Katie Ferraro, MPH, RDN
10:00-11:00	<i>"Pruritus, Intertrigo, and More: How to Not Get Lost in the "Folds."</i>	Mary Logue, MD
11:00-12:00	<i>Menopause & Midlife Metabolism Changes</i>	Kat Fausch, MD
1:00 - 4:00	<i>Care of Older Adults Group KSA</i>	Kyle Adams, DO



SDAFP

PO BOX 695

Watertown, SD 57201

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SIOUX FALLS

What's there to do in Deadwood with children? Ice skating, down hill skiing, cross country skiing, snowmobiling, sightseeing! What is there to do at the Lodge at Deadwood with kids during our conference? Swimming, movies, social gatherings, face painting, balloon man, fun giveaways and more. **Come and see why this is your families favorite conference!**

